

TYGA MARTIAL ARTS INTERNATIONAL

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CHIEF INSTRUCTOR & FOUNDER

Gary Wasniewski 10th Dan

GRANDMASTER



40th TYGA WINTER OUTDOOR COURSE

1st/2nd February 2025

YHA Lulworth Cove, Dorset. BH20 5SA

Costs: £190 Adults/£160 Juniors this cost includes training and accommodation fees

Training fees only, Adults £90, Juniors £70

NB. All grading fees are extra and separate to the above cost

This course is open to all students of all grade levels

What to bring: Tracksuit, hooded top or hat, leg pads, mitts, chest guard, training shoes, warm clothes, karate suit, belt, up to date Karate licence, spending money for food/drink

Course medals for all who attend

Course Tournament medals to be won!

Unique and priceless instruction from GM and Senior Instructors!

Whatever you do, don't miss this historic event!

Beach training at Swanage, training at Corfe Castle and Lulworth Cove

TYGA INTERNATIONAL

Established 1975

Registered with:

World Sokeship Council, U.S.A. International Martial Arts Association, World Karate Federation, Police Martial Arts Association, Professional Karate Association, U.B.S. Taekwondo, Sport England, Confederation of Police/Security Experts, World Karate Union, Action Martial Arts